Assessment: Clinician Checklist

- ☐ What symptoms pre-dated the ED?
- ☐ What is the family history of GI issues?
- ☐ Consider temperament, mental health, stress
- ☐ History & recommendations for testing
- ☐ Evaluate for ED behaviors that remain
  - ☐ Restriction, bingeing, purging, laxatives
  - ☐ Meal timing
  - ☐ Diet foods: gum, fiber, fake food, seltzer water, artificial sweeteners
- ☐ Refeeding symptoms
- ☐ Medications & supplements