

## Insurance Script

We realize that working with insurance can seem overwhelming and at times frustrating. The purpose of this script is to give you guidance in negotiating the insurance process and ensure that our time together is covered by your insurance plan. **We ask that you complete each step before your first appointment and bring this document with you to your first appointment.**

Primary Insurance & Policy #		Group #	
Policy Holder, Name	DOB		Relationship to Client
Policy Holder, Address			Self Spouse Parent Other

Secondary Insurance & Policy #		Group #	
Policy Holder, Name	DOB		Relationship to Client
Policy Holder, Address			Self Spouse Parent Other

**Steps to take PRIOR to your apt:**

1. Call the member services number on the back of your card. Here are some important questions to ask.
  - Does my plan cover outpatient nutrition counseling?    Yes    No
    - If yes, how many how many sessions are allowed? \_\_\_\_\_
    - Does my plan only cover visits that are considered “medically necessary”?    Yes    No
  - Do I have a deductible to meet first?    Yes    No    If yes, how much? \_\_\_\_\_
  - Do I need a physician referral? Yes    No
    - Note, if you need a physician referral this must be done at least 1 week prior to our session. You may need to provide the referral office information located at the bottom of this form.
  - What is my co-pay amount for outpatient nutrition counseling? \_\_\_\_\_ Note: nutrition counseling is sometimes considered as a “specialist” and the co-pay may be different than what is listed on your card.
2. Bring a copy (front and back) of your insurance card as well as this sheet to our session. If you don’t have access to a copy machine, we can make a copy of it here.
3. Don’t hesitate to contact us if you have any questions or concerns about working with your insurance.

My signature certifies that I have read and completed this form to the best of my ability. I understand that if insurance denies coverage for a nutrition counseling session performed by any of the dietitians at Marci RD Nutrition Consulting, LLC, I am responsible for 100% of the payment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Note:** At this time the clinicians at Marci RD only accept Blue Cross Blue Shield or Harvard Pilgrim insurances as a form of payment. However, if you are contracted with another insurance company we are more than happy to provide you with a superbill to submit to your insurance company for reimbursement for our sessions. **The superbill does not guarantee reimbursement.**

Marci E. Anderson’s National Provider Number: 1114159191  
 Shana E. Sporman’s National Provider Number: 1194025809  
 Phone: 617-945-2404    Fax: 866-811-6396

